Full Name _____***Date____/____/____Period_____***

An Honest Evaluation of Yourself

How Often Do You Choose To Behave Intelligently?

Read the following questions & rate yourself by circling one number on a scale of 1-5. Be honest but don't be too hard on yourself. Intelligent behaviors can be learned and practiced. The more you practice the more intelligent YOU WILL become.

1. I am a persistent person: If I don't succeed on the first try, I keep trying until I do succeed.

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

2. I manage my impulses & I am willing to delay gratification in order to attain long-term goals.

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

3. I listen to others carefully with empathy and understanding.

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

4. I am flexible thinker and seek new ways of looking at things.

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

5. I try to be aware of HOW I'm thinking (Metacognition) when I'm trying new ways to solve a problem.

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

6. I check the quality of my work and try to be accurate and precise no matter what I am doing.

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

7. I like to solve problems or riddles and I am not afraid to ask questions or ask to see the evidence.

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

8. I take what I have learned in the past and apply it to new situations in order to solve problems.

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

Please provide EXAMPLES where you have shown any of the behaviors described in questions # 1- 8

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9. **I think and speak clearly and constantly add new words to my vocabulary.**

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

10. **I use all my senses (vision, hearing, touching, smelling, tasting) in order to learn about new subjects.**

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

11. **I am a creative, imaginative, & innovative person that comes up with new ideas or ways of doing things.**

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

12. **I am curious, awed by beauty in the world, and have a sense of wonderment about the world I live in.**

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

13. **I am willing to take calculated and responsible risks in my life.**

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

14. **I like jokes, and often find many aspects of my life humorous.**

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

15. **I like to work with other people towards a common goal as long as we work together.**

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

16. **I try to learn something new every day of my life, for as long as I live.**

Not yet, but I'm learning... —1—2—3—4—5— … I behave this way all the time.

Please provide EXAMPLES where you have shown any of the behaviors described in questions # 9-16